

Maine Stroke Alliance (MSA) Minutes

January 25, 2022

Zoom

9:30 am-11:30 am

- Attendance

MSA Board Members: Laura Young (NERH), J. Sam Hurley (MEMS), Jane Morris, MD (MMC), Robert Stein, MD (Pen Bay), Deborah Gregoire (MMC), Angela Wheelden (NL-EMMC), Pete Tileny, DO (CMMC), Brittany Lachance, DO (SMHC/MMC), Jason Scott.

Norm Dinerman (EMMC/LFOM), Lori Allen (Mid Coast), Kate Zimmerman (MMC/MEMS), Rick Petrie (NEMH), Brian Chipman (MMC), Matthew Sholl (MMC/MEMS), Jordan Maresh (York), Dottie Carroll, Sally Taylor (APEMS), Lisa Bemben (AHA), Allyson Perron-Drag (AHA), Eileen Hawkins (Pen Bay), Ashley Moody (Bath Fire), Nathan Morse (CDC/Rural Health), Ashley Eagan (AHA), Andrew Ehrhard (EMMC)

- Deliverables

Task	Responsible Party(ies)	Due Date
Approved MSA October Minutes posted to Website	Dr. Zimmerman	Immediately
MSA Board will need to elect their chair	Dr. Zimmerman to send out nomination form followed by ballot	February 8, 2022 (nomination form) February 15, 2022 (ballot)
MSA membership nominations and elections	Dr. Zimmerman to send out nomination form followed by ballot	February 8, 2022 (nomination form) February 21, 2022 (ballot)
Posterior Circulation Stroke Blog	Brian Chipman Dr. Zimmerman/Mr. Hurley	Mr. Chipman to send ASAP Post in month of February with Quiz
Sponsors/BP cuffs to send home with patients	Allyson Perron-Drag	Report by next meeting
Wearable Devices and the detection of atrial fibrillation blog post	Ashley Moody	March 1, 2022
Trauma Advisory Committee Trauma Assistant Team forms for review	Dr. Zimmerman	ASAP
Subcommittee Membership sign-up	ALL via MSA website, please	ASAP

Agenda Item	Discussion
Welcome/Introductions	Introductions were made.
Approval of Minutes	The October 2021 minutes were reviewed and accepted as written
Board Member Introduction	<p>Maine Hospital Administrator – Laura Young (New England Rehab)</p> <p>Maine EMS Director – J. Sam Hurley</p> <p>Neurologist (2)</p> <ul style="list-style-type: none"> • Jane Morris (MMC) • Robert Stein (Pen Bay) <p>Stroke Program Coordinator (2)</p> <ul style="list-style-type: none"> • Deborah Gregoire (MMC) • Angela Wheelden (NL-EMMC) <p>Emergency Medicine Physician – Pete Tilney (CMMC)</p> <p>Critical Care Provider – Brittany Lachance (SMHC/MMC)</p> <p>Member of the Public – Jason Scott</p>
Membership & Chair Elections	<p>Now that the Board has been elected, they will need to elect a chair.</p> <p>Membership will also need to be elected.</p> <p>Please refer to the MSA Bylaws for membership position descriptions.</p>
Website Review	<p>Mainestroke.org is live. Documents are posted. Please be sure to sign up. Dr. Zimmerman asked about status of Posterior Circulation Stroke blog, if it was ready. Brian Chipman stated that it was.</p> <p>Dr. Zimmerman notes that we will need more blog posts and asks that those in attendance think about what they can contribute.</p>
Subgroup meeting updates	<p>Primary Prevention subgroup met (Wheelden, Gregoire, Allen)</p> <ul style="list-style-type: none"> • Will have a Zoom meeting platform with education and behavior change model, targeting a specific risk factor per quarter. They will start with hypertension. <ul style="list-style-type: none"> ○ Director Hurley notes that Maine EMS has a Zoom platform that can support 1,000 attendees. • Flyers to put into the patient education materials • Dr. Morris asks about partnering with Hannaford and other businesses re: low salt diet info, sponsoring BP cuffs to hand out. • Allyson Perron-Drag notes that they do have an affiliation and can reach out to their development team. • Angela Wheelden notes other topics such as atrial fibrillation recognition and treatment. • Ashley Moody notes that she would be willing to write a blog post about wearable devices (which can detect atrial fibrillation)

	<ul style="list-style-type: none"> • Director Hurley notes that Maine EMS wants to connect back to the Community Paramedics to look at the prevention side for stroke and the post-stroke care as well. MEMS is hiring a Community Paramedicine Coordinator who will help build out the Capacity.
Regional Reports	MMC had their Comprehensive Stroke Center site visit. MMC will be getting a Stroke Navigator, likely dictated by the Joint Commission.
Open Discussion	<p>Dr. Morris would like to set the agenda for the coming year and make sure that tasks from last year are completed. She proposes the following goals:</p> <ul style="list-style-type: none"> • Legislative activities (Allyson Perron-Drag notes that the Legislature is currently in a short session and anything we propose will not be considered until the fall); Dr. Morris would also like to see a state-wide data base. Director Hurley states that we should do more visioning first, gain alignment/support from our stakeholders and then consider legislation. • Improvement around interfacility transfers • Upgrading resources at small hospitals • Education re: acute stroke management and transfer • Need for statewide transfer center <p>Subcommittee Membership – please sign up via the website.</p> <ul style="list-style-type: none"> • Committee Chairs will be responsible for the work on the committees and reporting to the Board • Committees will need to create goals/plans • Committee members do not have to be MSA members <p>Advances Stroke Life Support Course – Director Hurley</p> <ul style="list-style-type: none"> • Mr. Petrie notes that APEMS has offered this program in the past but stopped offering when COVID hit. Ms. Taylor will need to renew her instructor certification for this course. Dr. Diaz had been the medical director for this course. Ms. Bemben notes that the AHA usually works with physician champion for the stroke programs or ED staff at the smaller hospitals. This course would be a great pairing for the self-assessment visits. • Dr. Lachance notes that she is looking at remote/virtual simulation for more rural areas for outreach/education and would be interested in helping. • Dr. Morse notes that there are education efforts going on in the state and he will reach out to his contacts. • Mr. Hurley notes that MEMS has a virtual reality training set that could be used as well. • Ms. Moody inquiries about Urgent Care settings and including them in the discussion/outreach. • Me. Bemben notes that when she was in CT, they brought the hospitals together to come up with recommended guidelines re: what the Urgent Cares should do – we could do something similar and post to the MSA website. Dr. Morris would like to work with the hospitals first and then have them reach out to their Urgent Cares. She

would like to start connecting with the Critical Access Hospitals, get AHA to do the process improvement and then advanced stroke training and outreach to their community urgent cares.

- Mr. Morse notes that he has connections with the rural hospitals – they meet 4 times per year. The next meeting is coming up in late February/early March. This would be a good venue for the MSA to introduce themselves.
 - MSA may not be ready to introduce themselves yet, but could certainly listen in on the next meeting.

How can we partner with other organizations?

- Ms. Gregoire notes that it would be helpful to have someone from the Maine Brain Injury Advisory Council join the MSA. Dr. Morris notes that we should look at the bylaws and see where that representation could fit.
- Dr. Stein would like to see us put together a group to do outreach to the hospitals; Dr. Zimmerman states that we could build it on the model that the Trauma Advisory Committee uses – where they do a site/self-assessment visit followed by offering the American College of Surgeon’s Rural Trauma Team Development Course.
- Mr. Morse notes the Critical Access Hospital (CAH) Network Meetings may present opportunities for presentations to CAH staff; CAH-SHIP Quality Network Meeting is 3/10 1pm-3pm. Also the next CAH Nursing Manager/ED Director Network Meeting is 3/17 2pm-4pm. If the MSA would like me to request time on either of those meeting agendas to discuss the next steps and various overlaps of the MSA subcommittees goals. Please follow-up with him once we feel the group is ready to move on this opportunity and connect with these hospitals.

Standards – discussion re: AHA Systems of Care Guideline vs. Joint Commission “System” certification. Ms. Hawkins and Ms. Gregoire will look into this.

AHA: Get with the Guidelines is on a grant basis – could have the hospitals pledge to enter the data. Ms. Moody could work on getting the information to the hospitals. There is a cost re: the software. Dr. Morris is concerned about the cost of having someone enter this data and it may be a barrier. There are rules in terms of the abstraction. Ms. Grégoire notes that for the stroke systems of care, we would want some streamlined data points (not as detailed as Get With the Guidelines). Ms. Hawkins recommends the Acute Stroke Ready Guidelines which really focus on the ED guidelines. Ms. Bembem notes that the volumes of patients would actually be low and it would really encompass data elements in the ED. There would be an option to leave the abstraction incomplete and could still track the metrics if this is something that we would be interested in. The DATA subcommittee should look at this once Ms. Hawkins reports back.

Ms. Young – would like to provide education re: patients that are appropriate for rehab. What she sees as a barrier in her work is what happens after rehab. There needs to be a network for patients once they return home to their

	<p>communities to allow them to be successful at home. Mr. Scott agrees – there is need for services and support after rehab Ms. Carole notes that there are nuances and challenges that they face in the homecare world – and as long as the patient qualifies, they can provide the services. There are opportunities to education the homecare nurses that are recipients of these patients. Patients, during COVID, have been returning home in much sicker condition. Aftercare and secondary prevention would be great here – the subcommittee. Ms. Gregoire would really like to see resources posted to the website for these patients and providers. https://www.heart.org/-/media/Files/Professional/Quality-Improvement/Get-With-the-Guidelines/Get-With-The-Guidelines-Stroke/Stroke--Diabetes-CRFJan21.pdf shared with the group.</p>
Next Meeting	<p>Next meeting date is 9:30am-11:30 am on April 26, 2022 via Zoom.</p> <p>Please contact Kate Zimmerman at zimmek1@gmail.com or 207-310-0744 with any questions regarding the group meetings.</p>

Minutes submitted February 7, 2022 by KDZ

Approved on April 26, 2022