

Maine Stroke Alliance (MSA) Minutes

January 24, 2023

Zoom

9:30 am-11:30 am

- Attendance

MSA Board Members: Laura Young (NERH), J. Sam Hurley (MEMS), Deborah Gregoire (MMC), Angela Wheelden (NL-EMMC), Brittany Lachance (MMC/SMHC), Jason Scott.

Committee Members: Steve Diaz (Me Gen), Sally Weiss (MHA Rep), Brent Watson (Mayo), Norm Dinerman (EMMC/LFOM), Sally Taylor (Machias), Phil MacCallum (Gorham FD), Lori Allen (MCH)

Guest: Janet Keith, Lisa Bemben (AHA), Allyson Perron-Drag (AHA), Ashley Eagan (AHA), Brian Chipman (MMC), Chip Getchell (Delta), Erica Dyer, Kate Zimmerman (MMC/MEMS), Ashley Moody (MEMS)

- Deliverables

Task	Responsible Party(ies)	Due Date
Membership Recruitment	Dr. Morris, Dr. Zimmerman, Dr. Tilney, Laura Young, Ashley Moody	ASAP
Check the website and update as needed	ALL via MSA website	ASAP

Agenda Item	Discussion
Welcome/Introductions	Introductions were made, and the mission statement was read.
Board Member Introduction	Maine Hospital Administrator – Laura Young (New England Rehab) Maine EMS Director – J. Sam Hurley Neurologist (2) <ul style="list-style-type: none">• Jane Morris (MMC)• Vacant Stroke Program Coordinator (2) <ul style="list-style-type: none">• Deborah Gregoire (MMC)

	<ul style="list-style-type: none"> • Angela Wheelden (NL-EMMC) <p>Emergency Medicine Physician – Pete Tilney (CMMC) Critical Care Provider – Brittany Lachance (SMHC/MMC) Member of the Public – Jason Scott</p>
<p>Membership & Chair Elections Update</p>	<p>Remaining position open: Chronic Care Rep – Janet Keith expressed interested and provided CV, Dr. Zimmerman sent this to Board Members. Janet also briefly introduced her experiences in the Stroke world and why she is interested in joining the MSA.</p> <p>Note from previous minutes to follow up on: May need to consider changing the structure of the Board to accommodate the inability to find neurologists willing to participate. Waiting for Down East Community Hospital for a small MHA rep (Sally Taylor to f/u). Dr. Zimmerman will reach out for an Emergency Nurse. CMMC stroke coordinator (Dr. Tilney to f/u). Public health rep - Ashley will reach out to the Department of Public Health</p> <p>Membership Composition</p> <ol style="list-style-type: none"> 1.) Current Director of Maine EMS – J. Sam Hurley (term does not expire) 2.) Medical Director of Maine EMS – Matthew Sholl (term does not expire) 3.) Hospital Administrators (3) - one from each as recommended by the Maine Hospital Association <ul style="list-style-type: none"> • Small hospital (0-55 beds) - vacant • Medium hospital (56-110 beds) – Laura Young (NERH) • Large hospital (111 beds or greater) – Steve Diaz (Maine General) 4.) Maine Hospital Association Representative (1) – Sally Weiss (term does not expire) 5.) Emergency Medicine Physician (2) – Pete Tilney (CMMC), John Comis (RFGH) (a physician actively participating in an Emergency Department in Maine, one representative from either a Comprehensive or Primary Stroke Center and one representative from an Acute Stroke Ready hospital or Critical Access Hospital) 6. Neurologists (5) - actively involved with stroke care – Jane Morris (MMC), Hunter Sweet (MMC), vacant, vacant, vacant 7.) Emergency Nurse (1) – vacant (actively practices in an emergency department in the state of Maine) 8.) Hospitalist (1) – Lora Jobe (Midcoast) (involved in the care of stroke patients in the state of Maine) 9.) Critical Care Provider (1) – Brittany Lachance (MMC/SMHC) (care provider working in a critical care unit that admits stroke patients) 10. Critical Access Hospital Representative (1) – Brent Watson (Mayo) (Health care provider who directly cares for or manages the care of stroke patients)

	<p>11.) Stroke rehabilitation specialist (1) – Tom McOsker (NERH) (member of a rehabilitation team responsible for the post hospitalization care of stroke patients in the state of Maine)</p> <p>12.) Representative of Air Ambulance Services (1) – Norm Dinerman (EMMC) (representative from a Maine based air ambulance service)</p> <p>13.) Prehospital care clinician (2) – Sally Taylor (Machias) Phillip MacCallum (Gorham) (actively practicing licensed EMS clinician in Maine affiliated with a Maine EMS licensed service, with preference that one of these clinicians be working in a rural community)</p> <p>14.) Stroke care system user (1) – Jason Scott (a member of the public, preferred to be a stroke survivor or a family member of a stroke survivor)</p> <p>15.) Stroke coordinators (5) – Deborah Gregoire (MMC), Angela Wheelden (EMMC), Lori Allen (Midcoast), Eileen Hawkins (PenBay), Vacant (CMMC) (these positions will be filled by an existing Stroke Coordinator from each of the Comprehensive Stroke Centers and Primary Stroke Centers in Maine. These terms do not expire. This number may increase if the number of Joint Commission certified Stroke Centers. Increase in the State of Maine)</p> <p>16.) Public Health Representative or Educator (1) - vacant</p> <p>17.) Chronic care representative (1) – vacant</p>
Approval of 10.25.22 Minutes	Dr. Norm Dinerman voted to approve the minutes, with Laura Young seconding. Dr. Dinerman questioned a typo which was discovered to be a typo on the MSA Website. Both the website and minutes were corrected. One abstention with the remaining present members voting yes.
Board Chair Nominations	The Chair position is off cycle from the remaining board members by one year. Dr. Morris accepted the Chair position for one year and wanted to provide an opportunity if anyone else is interested. Nominations should be sent to Kate Zimmerman and/or Ashley Moody for the vote to occur at the April Meeting.
MSA Committees	<p>MSA Committees – open to any well-intentioned, qualified participant.</p> <p>1. Community Education and Primary Stroke Prevention Leader: Angela Wheelden/Deb Gregoire</p> <p>Primary Focus: Primary stroke prevention of the major drivers of stroke incidence (HTN, AF, smoking, lifestyle). Along with community and provider stroke education.</p> <p>Update: Have increased membership and working on community education. Targeting risk factors for Stroke. 1st education is coming next week on hypertension.</p> <p>2. Acute Stroke Care: Prehospital and Emergency Department</p>

Leader: Kate Zimmerman

Primary Focus: Identification and appropriate destination for suspected stroke patients. Along with defect-free acute stroke care from first medical contact.

Update: Met in December made a to do list for 2023. Stroke Assessment self-assessment document has been uploaded on the website. Hospital Code Stroke Check list completed, and Dr. Tilney has created a cover letter to hospitals as a resource. Brian and Kate are working on FASTED education for EMS clinicians. Phil, Ashley and Sally are working on QA Checklist for EMS.

<https://www.americancme.com/courses/view/62> has created FASTED education for Mass.

3. Subacute Stroke Care: Hospital Care

Leader: Lora Jobe

Primary Focus: Optimal inpatient stroke care, prevention of acute complications of stroke, and initiation of optimal secondary stroke prevention strategies.

Update: No update, as Dr. Jobe was not present.

4. Chronic Stroke Care: Rehab & Community Integration

Leader: Laura Young

Primary Focus: Recovery and reintegration following stroke, prevention of long-term complications of stroke, and monitoring and maintenance of secondary stroke prevention strategies.

Update: Working with Dr. Scavo to get some support groups in person goal is set for this spring. Also looking to create a resource directory.

5. Stroke Data, Research, Technology & Innovation

Leader: Brittany Lachance

Primary Focus: Creation and maintenance of a statewide stroke registry, expansion of Tele Health, Public Health Research, and innovations in stroke care (ex: website development, app for tracking post stroke care)

	<p>Update: Working to create a time to continue work on data collection, tele stroke / telemedicine and rapid AI and getting that more readily available across the state.</p>
<p>American Heart Association Rural Health Care Outcomes Accelerator</p>	<p>Lisa Bemben updated the MSA on the Accelerator Program progress – Mid Coast is fully enrolled; Penobscot Valley recently received a presentation. Lisa will provide a hospital list of who she needs help with for contact information.</p> <p>If ten hospitals sign up for the AHA Accelerator, the AHA will grant a superuser account that allows for aggregate data from the participating hospitals.</p> <p>Current estimate from Lisa is that 4-5 hospitals are currently thinking about joining.</p> <p>Dr. Diaz requested some additional information about the program.</p> <p>Sam Hurley inquired how the linking would work with EMS run reports. Lisa can provide additional information with details, but it would need to activate Image Trend “button.” Is there outcome data that can back feed into Image Trend? Lisa states that an enchantment is underway to help accomplish this, but currently, it is a PDF worksheet that the hospital can generate for outcome feedback loop.</p> <p>Angela recommends contacting NL hospitals individually, as some hospitals are very interested. Both Angela and Lisa will connect to exchange information.</p>
<p>By-Law Amendment Proposal</p>	<p>Dr. Morris proposed the following:</p> <p>“Amend the bylaws related to the structure of the Board, each Chairperson from the Chronic Stroke Care, Community Education and primary Stroke Prevention, Acute Stroke Care, Subacute Stroke Care, Stroke Data, Research, Technology & Innovation Committees shall serve on the Board as ex-officio members. If the Chairperson has an existing position on the Board based on another role, they shall not get an additional vote in Board business, nor shall the Committee(s) appoint another individual to serve on the Board in their place unless they replace the Chairperson with someone who does not currently sit on the Board”.</p> <p>Discussed and opted to include on the next agenda.</p>

EMMC	EMMC will no longer offer endovascular interventional services effective today. Communications will be going out to EMS and other effected hospitals today.
Next Board Meeting	Next Board Meeting date is April 10, 2023 from 10:00-11:00 via Zoom.
Next Quarterly Meeting	Next meeting date is 9:30am-11:30 am on April 25, 2023 from 9:30-11:30 via Zoom. Please contact Kate Zimmerman at zimmek1@gmail.com or Ashley Moody at ashley.n.moody@maine.gov with any questions regarding the group meetings.

Minutes submitted on February 17, 2023 by ANM

Approved on May 23, 2023