

## Maine Stroke Alliance Meeting



January 22, 2019 ~ 9:30 – 11:30 am ~ MCD Public Health and via Zoom


### MINUTES

Present: Kate Zimmerman (MEMS), Diane Campbell (MCDPH/MCHC), Tina Love (MCDPH), Dottie Carroll (Androscoggin Healthcare), Angela Wheelden (EMMC), Corey Flavert (MMC), Jane Morris (MMC), Nate Morse (MeCDC), Don Sheets (MEMS), Laurel Parker (MGMC), Rick Petrie (APEMS)

On Zoom/Phone: Lisa Bemben (AHA), Loren Doren (Mid Coast), Eileen Hawkins (PenBay), Deb Gregoire (MMC), Pete Tilney (CMMC/LFOM), Norm Dinerman (EMMC/LFOM), Becky Smith (AHA)

Agenda Item	Discussion	Follow-up/ Recommendations
Welcome/Introductions	Introductions were made. Matt was unable to attend today because his schedule changed. We are also trying “Zoom” today so that those who are unable to be here in person have the option of logging into Zoom and being able to see and hear those of us in the room as well as see handouts on the screen. You can also just connect by phone if needed.	
Agenda Scan	Norm indicated that he had not had the opportunity to set up a meeting with Matt, Kate, and Pete to explore vulnerabilities, so would like to move the Vulnerability Analysis to the next meeting.	
Approval of Minutes	The minutes were reviewed and a motion was made and seconded to accept the October 23, 2018 minutes as written.	
Meeting Updates	<ul style="list-style-type: none"> <li>• <u>AHA Tristate Stroke Coordinator Meeting</u> – (organized by American Heart) hosted by Christina who works for Concord Hospital, this group meets quarterly (virtual meetings) and includes the states of Maine, New Hampshire, and Vermont. Their next meeting is Thursday, January 24 from 1-2 pm. The purpose is to share information and resources and practices across state lines. Lauren indicated she would like to take part in these meetings. Deb will share Lauren’s contact information with Christina. Next meeting this group will share an update.</li> <li>• <u>AHA Tristate Medical Directors Meeting</u> – Kate reported this group includes Maine, New Hampshire, and Vermont. They typically meet bi-monthly and had a phone meeting last week. Maine sent their protocol out to New Hampshire and Vermont, who are considering adopting Maine’s protocol with some regional changes.</li> </ul>	
Web Site Update	The development web site needs some additional work but will go live before the next meeting in April. Suggested to add the updated EMS protocols to the site once they go live. Maybe start out with the site being educational for EMS and linked to the APEMS website. The group decided this site will have	

	<p>information specific to the committee. Additionally the site should also initially start out with a provider focus and a one-stop site for ED docs and EMS providers (protocols and data sets people could download and modify for their site). Afterwards, we could move to inpatient materials and keep building from there. It should be easily accessible and provider based, where providers can go to get information to care for stroke patients. Need to add links to resources and Maine EMS. A subgroup should be formed to finalize the web page.</p> <p>Don shared how EMS's new protocols will be finalized by end of summer with trainings starting in Sept. with a go-live date of Dec. 1, 2019. He reports the trainings will be offered online and in person.</p>	<p>Jane, Kate and Don volunteered to assist Tina with finalizing the web page. Tina will reach out and set up a time to meet.</p>
Legislative Update	<p>Becky shared some exciting news. Theresa Pierce, a representative from the Falmouth area, put in a legislative bill to help fund the work of the Maine Stroke Alliance through Maine CDC. The bill has a great list of co-sponsors including Dr. Sanborn and House Democratic and Republican leadership as well as a few members of the Appropriations Committee. The bill is very short. The position would be at MeCDC but it could also be contracted out. This bill is set up for two years of funding, since the Governor's budget is for two years. This would fund a Stroke Coordinator @ approx. \$87,000/year and education efforts @ \$650,000/year. It will be very important to have lots of testimony for this bill and representation at public meetings. Becky is requesting MSA members, with permission from their employers, to help out as it moves forward. Becky is willing to talk with interested members about how to testify in support.</p> <p>AHA is tracking other legislation around access to health care and the Affordable Care Act. Becky would be happy to talk to anyone who is interested about these bills but doesn't want to take up the time today.</p>	<p>To view the bill, go to <a href="http://www.mainelegislature.org/legis/bills/bills_129th/billtexts/H022801.asp">http://www.mainelegislature.org/legis/bills/bills_129th/billtexts/H022801.asp</a></p> <p>Jane volunteered to speak to the Legislature.</p>
LVO Screening Results	<p>Jane reviewed the revised Stroke Triage Algorithm for Maine EMS – it originally had started out looking like the AHA one, but has been revised to better follow what happens in Maine.</p> <p>Maine EMS Flow Chart for Positive LVO Screen MORE THAN 30 min Away from EVC Hospital chart was reviewed next. Most of the state would be following this flow chart since most are more than 30 minutes away. It outlines all of the things that we would expect providers to do. Lauren provided a suggested change/addition within the first green box – “Focused Physician and Nursing evaluation” – can we include NIHSS after “ED repeats FAST-ED/<u>NIHSS</u> Score.” Further discussion and comments were made.</p> <p>The last chart reviewed was “Maine EMS Flow Chart for Positive LVO Screen LESS THAN 30 min Away from an EVC Hospital.” The wording on the chart actually means less than 30 <u>additional</u> minutes away from an EVC Hospital.</p> <p><b>The goal right now is to vet these documents and make sure everyone on this committee has the opportunity to look at these documents and give feedback</b>, especially those who were unable to join us today. Jane is willing to revise for the final version which will then be shared throughout the state.</p>	<p><b>If you have any comments or proposed changes to the LVO charts, please email <a href="#">Jane</a> or <a href="#">Diane</a> no later than February 20<sup>th</sup>!</b></p> <p> Triage Flow Chart for Maine EMS.Master.v1</p> <p> Flow Chart for Positive LVO Screen I</p>

	<p>EMMC has someone coming in August, so there will be another EVC Hospital in Maine. Currently, Maine Medical Center is the only EVC hospital in Maine.</p> <p>Lisa is willing to be part of a subgroup that would work to reach out to each of the hospitals to share the final flow charts.</p>	 <p>Flow Chart for Positive LVO Screen</p>
Other	<ul style="list-style-type: none"> <li>• There was excitement expressed about the new Governor and possible opportunities.</li> <li>• We need to think about what we want to accomplish in the next few years.</li> <li>• We do need to get a handle on the data. Whether that means a stroke registry in the future or something else. If we go with a stroke registry we need to make sure it is legislatively mandated for hospitals to report. Becky shared AHA decided to not put in a bill for a stroke registry this year but will for the next two year session.</li> <li>• Discussed the proposed Stroke Coordinator position at the MeCDC. Many would be happy to make recommendations regarding this role if it gets approved.</li> <li>• A short survey will be sent out with the minutes to see what people thought about using Zoom and hosting the meetings at Medical Care Development. As soon as we get feedback we will schedule the meetings for the rest of the year.</li> </ul>	
Next Meeting	<p>Next meeting will be April 23<sup>rd</sup>, 2019, from 9:30 to 11:30 am – location to be announced. Please contact Diane Campbell at <a href="mailto:dianec@mcdph.org">dianec@mcdph.org</a> or 207-622-7566 EXT 230 with any questions regarding the group meetings.</p>	