## Maine Stroke Alliance (MSA) Minutes

Tuesday January 26, 2021 Zoom 9:30 am-11:15 am

## Present

Hannah Huggins (MCD), Jane Morris (MMC), Norm Dinerman (EMMC/LFOM), Pete Tilney (CMMC/LFOM), Lori Allen (Midcoast), Kate Zimmerman (MMC/MEMS),), Rick Petrie (Atlantic Partners EMS), Abigail Egan (AHA), Brian Chipman (Maine General Augusta/MMC), Sally Taylor (Atlantic Partners EMS), Andy Ehrhard (EMMC), Deb Gregiore (MMC), Elizabeth Turcotte (CMMC), Angela Wheelden (EMMC), Shelly Davgun (MMC), Deb Hallinan (Midcoast), Johnathan Busko, Eileen Hawkins (Pen Bay), Sam Hurley (MEMS)

Agenda Item	Discussion	Follow-up/ Recommendations
Welcome/Introductions	Introductions were made.	
Approval of Minutes	The minutes were reviewed and a motion was made and seconded to accept the October 2020 minutes as written.	
Updates	<ul> <li>AHA Tristate Stroke Coordinator Mtg – Didn't have a meeting. They have new format and process that includes rotating chairs. Next meeting in February.</li> <li>Medical Director Meeting – No updates.</li> <li>Legislative – No updates.</li> <li>Other –         <ul> <li>The group agrees that are times are tough for stroke due to COVID-19 management and vaccine.</li> <li>Brian is changing positions from Maine General to Telestroke Program Manager at MMC!</li> <li>Sam Hurley (MEMS) shares funding via ME CDC Rural Health Program to support MSA, including staff and website support!</li> </ul> </li> </ul>	
Website	The group agrees this would be an opportune time to start building out the website. Priorities for the website include uploading key documents, data, quality improvement strategies, and suggested metrics, awards. In addition, include a list of hospitals and ID their stroke champion and hospital stroke capabilities. Rick shares the latest <a href="Quality Improvement Newsletter">Quality Improvement Newsletter</a> via MEMS as an example of ME data to share on website.	Rick will see what kind of data MEMS can get to share on MSA website.  Each subgroup can discuss what metrics, data, and awards to include on MSA website.

Subgroup meeting updates	<ul> <li>Community Education and Primary Stroke Prevention Subgroup (Angela)</li> <li>Focus on one modifiable risk factor per quarter. This quarter is hypertension. Goals are to get the word out there and create a community education program via zoom.</li> <li>Action items were to reach out to individual community education departments, investigate sending out news releases, and virtual stroke education programs.</li> </ul>	Deb will check with printing details for un-branding MaineHealth booklet.  MSA goup will review Morris
	<ul> <li>Idea to provide blood pressure cuffs or staff blood pressure measurement stations in a store/pharmacy.</li> <li>Idea to develop/provide recommendation for a stroke education booklet that is not system-specific. Asked the group if they have ideas for a standard booklet to use statewide.         <ul> <li>Eileen notes that MaineHealth's booklet is so nice and it would be great to have a booklet that could be utilized by all systems.</li> <li>Deb brings up the idea to unb-rand the MaineHealth booklet that out of system organizations could order via the same process. Deb was heavily involved in the revisions of the booklet, so she has lots of contacts. She will check into the cost if it was to be distributed off-site. She also mentions that MMC distributes packets with AHA inserts.</li> <li>Elizabeth mentions that Central Maine uses the Krames product but it is \$4.70/booklet. Stroke Recovery: A Caregiver's Guide is \$2.15/booklet.</li> </ul> </li> </ul>	Book of Stroke document prior to potential approval in April meeting.
	Prehosptial Subgroup (Deb)	
	<ul> <li>Met it December. Deb merged documents into Morris Book of Stroke, which will be reviewed by group to be agreed and approved in April meeting.</li> </ul>	
	<ul> <li>Ideas discussed include: Developing an EMS Award, identifying stroke champions from each site, and developing an MSA Facebook page.</li> </ul>	
	<ul> <li>Group is still working to recruit new members</li> <li>Update on the Northern New England FAST ED research project. This would be a research project between NH, VT and ME to track data for using FAST ED score and validate EMS use of FAST ED and how this effects patient outcomes.</li> </ul>	
	Hospital/Subacute Subgroup – (Brian)	
	<ul> <li>Brian shares how Maine General is working to engaging inpatient hospitalists to keep patients that do not need to go to next level of care. This will be made easier by their new telestroke provider that offers teleneurology consults. Brian is working hard to ensure this effort continues after he changes positions.</li> </ul>	
	<ul> <li>There is consensus among the group that this is an exciting and important effort.</li> </ul>	

	<ul> <li>Data and Technology Subgroup (Hannah provided an update via Dottie who could not attend this meeting)</li> <li>They are back to square one being the who, the how, the platform, the access, the acceptance and the pay for the person. This is the part we always struggle with.</li> <li>Dottie would be interested in helping with or doing data collection but we continue to need guidance.</li> <li>Jane comments that this could be subgroup tasks to make a wish list of what type of data they'd like to see and that angela should connect about virtual patient interactions and patient stroke education.</li> </ul>	
Other	Maine Medical Center TNK efforts – Dr. Morris updates the group on MMC switch to TNK. They are making sure they have order sets, labeling and education complete.	
	<b>EMMC update</b> – Angela shares that their neurosurgeon, Dr. Marciano, is finishing endovascular training at MA General, so EMMC will be starting this program with another one or two joining him in August. More information to come.	
	<ul> <li>Job Opportunities:         <ul> <li>Data Coordinator at MMC - Deb shares that MMC new data coordinator as a nursing position with neuro experience.</li> <li>Stroke Coordinator at Central Maine - Angela shares that Central Maine is seeking a full time stroke coordinator position.</li> <li>Stroke Coordinator at Maine General - Brian shares that Maine General is seeking a new stroke coordinator position to replace him as he moves on to MMC!</li> <li>Stroke Medical Director at EMMC - Angela shares that EMMC is recruiting for a new stroke medical director. Dr. Unia at EMMC has moved to Midcoast Neurology Clinic in April. Interim stroke medical director will go back to Dr. Wazzan.</li> </ul> </li> </ul>	
Next Meeting	Next meeting date is 9:30am-11:15am on April 27, 2020 via Zoom.	
	Please contact Hannah Huggins at hhuggins@mcd.org or 207-622-7566 ext. 224 with any questions regarding the group meetings.	